



## GREEN SPIRITS– THE SECRETS OF THE GREEN ECOSYSTEM

### Homework guidelines

- **The power of Mycelium.**  
Merge with Mycelium again, using the technique that you learned in the last lesson, and explore the possibilities of this relationship going one step at a time. You can start by learning how to orient yourself in the chaos of various stimuli, focusing only on those you are interested in. If you have difficulties merging, you can draw the sigil on the ground and/or repeat the formula “ADINERTE ZIDONAI”.  
If you keep having troubles, you can ask your spirit allies if the pact has really been sealed or if it has to be done again from the start.
- **Traveling with Mycelium.**  
Try using Mycelium’s net to travel to a far away place, where green beings (meaning plants in the ground, not potted) are present. Observe the differences between this method to journey in the middle world and the one you normally use and try to obtain information on that place from the plants that are present.
- **Getting in touch with a “hard-to-get” plant.**  
Choose a plant that you have had difficulties communicating with and ask Mycelium to act as an intermediary: plug in Mycelium’s net in the usual way and ask to be presented to the spirit of that plant.